

**I AM ON THE AUTISM SPECTRUM**

I have Asperger's syndrome.

- \* I have sensory, processing, and communication issues and can become anxious or confused.
- \* I may have some difficulty with eye contact.
- \* I may behave in unusual or unexpected ways.

I am covered under the Americans with Disabilities Act: <http://www.usdoj.gov/crt/ada/>

Please see reverse for more information.

**Here are some ways to help me:**

Please speak plainly, clearly, and concisely. Do not touch me unless it is necessary or I initiate it.

Explain things in advance whenever possible, and do not take me by surprise. Be patient if I have difficulty understanding you or remembering recent information. If I seem upset or unable to think clearly, allow me time to myself until I can recover on my own. Understand that my issues may or may not be immediately apparent. **Thank you!**

**Please unfold for personal information.**

**The Autism Spectrum** involves a range of neurological conditions considered "pervasive developmental disorders". These include classic, or Kanner, autism; Asperger's syndrome; PDD-NOS; and others. Common characteristics are social communication and social interaction difficulties, as well as restrictive, repetitive patterns of behavior, interests, or activities. A person on the spectrum can also be unusually sensitive or insensitive to sensory stimuli and have mental processing issues.

*Being on the spectrum is lifelong. It affects everyday life. It is not the person's fault. Associated behaviors are not deliberate or intentional. It does not cause inherent criminality.*

NAME: \_\_\_\_\_

Contact #1: \_\_\_\_\_

Home: ( ) - Cell: ( ) -

Contact #2: \_\_\_\_\_

Home: ( ) - Cell: ( ) -

Diagnosed at/by: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: ( ) -

Special issues / accommodation needs:

Other relevant health concerns:

Card design: Asperger's / Autism Toolbox  
<http://wayshelter.com/autasptoolbox.htm>